Holy Cross College

INTRAMURAL SPORTS

COREC SOFTBALL

INTRAMURAL POLICIES AND PROCEDURES

A. ELIGIBILITY: Holy Cross undergraduate students, graduate students, faculty, and staff are eligible for participation. To play in all Intramural sports, participants must have a valid Holy Cross ID.

B. LOCATION: All games will be played at Softball Fields.

C. FORFEITS/RESCHEDULES: If a team does not have the minimum amount of players at game time, that team will forfeit. No reschedules will be permitted in this sport. If a team cannot make a game, they may call Brian Pearison, Intramural Director 574-361-9590 before 3:00pm the day of the game and request a default. A default results in a loss, but is not considered a forfeit. Defaults and forfeits result in a 6-0 win for your opponent.

D. SCHEDULE: All schedules are posted online and it is the captain’s responsibility to check for updates/changes.

E. INCLEMENT WEATHER: No weather-related cancellations will occur before one hour prior to the scheduled game time. If a game is cancelled, the captain will be called.

F. ROSTER ADDITIONS: Players may be added to the roster at any point during the regular season. Players may not be added during playoffs.

G. INSURANCE WAIVERS: All players must fill out an insurance waiver before playing intramural sports. Waivers will be handed out at captains meetings and will also be available at the game site.

H. CHECK-IN: It is the responsibility of each player to find the supervisor working and check-in with them before playing in any intramural activity. Failure to check in with the supervisor and playing in any intramural activity may result in suspension from future intramural activity.

I. SPORTSMANSHIP: Participants and fans must respect players and intramural staff and follow instructions given to them by the staff. Foul language, taunting, or any other unsportsmanlike behavior will not be tolerated. Any participant or fan yelling, gesturing, or any other act in a negative manner toward opposing teams, players, fans, or Rec Sports staff will receive a penalty. These penalties will be assessed to the fan or participants team. These penalties can include a technical foul, yellow card, unsportsmanlike conduct, or sport specific
penalty. If committed by a fan the captain of that team will be assessed the penalty. Any participant who receives a conduct penalty of this nature, must leave the field of play to fill out an Incident Report with Rec Sports staff. Softball: On offense, the current batter/runner and the next batter will be called out. On defense, the batter/runner will be safe and the next batter will be awarded 2nd base. All runners on base will advance 2 bases.

J. ALCOHOL, TOBACCO & DRUGS:

Notre Dame Intramural Sports has a zero tolerance policy for alcohol, tobacco, or any other drug at intramural events on or off campus. Furthermore, Rec Sports staff reserves the right to remove participants or fans suspected to be under the influence of drugs or alcohol. The removal process may involve the assistance of authorities such as Holy Cross security or member of The South Bend Police Department.

Updated 8/22/13

SPORT RULES

NFHS rules will be followed except for the ones noted below.

A. SCORING AND TIMING

1. GAME TIME IS FORFEIT TIME!

2. Games will be seven innings or 55 minutes. Any team up by 10 or more runs after 5 innings will be declared the winner.

3. No new inning will begin after 55 minutes

4. Regular season games may end in a tie.

5. Playoffs only: In the start of each half inning, the last batted out in the previous inning will be placed on 2nd base to start. Each batter will have one pitch. If the pitch is a ball, the player walks. If the pitch is a strike or foul ball, the batter is called out.

6. Mercy Rule: If a team is up 10 runs after 5 innings, 15 runs after 4 innings, or 20 runs after 3 innings.

B. PLAYERS:

1. A team consists of 10 (5 men and 5 women) players but may start with as few as 8 players (4 men and 4 women) or 9 player (5 of one gender and 4 of the other). If starting with 5 men and 4 women, an out will be recorded between the two same gender batters.

2. Teams may bat as many players as show up as long as the batting order remains constant and an out is
recorded between same gender batters who bat back to back. Once the game has started players may only be added until the team has ten players total. No players can be added late to a team with ten players.

3. Batters start with a 1-1 count. A foul on strike 3 is an out.

4. Men get 2nd base on a walk. If there are 2 outs the next female batter has the option to walk or hit.

5. If a player is hit with a pitch it is a ball and they player does not walk unless it is the 4th ball.

C. PITCHING AND FIELDING:

1. Pitches must have 6’ to 12’ feet arch, must be an underhand motion if not it will be considered an illegal pitch.

2. The pitcher must deliver the ball in a continuous, underhand motion.

3. A batter may swing at an illegal pitch, but must take the result of the swing.

4. No bunting, stealing or leading off.

5. Sliding is not legal.

6. A ball that rolls into another playing field is live unless players from the other field touch it or the umpire renders the ball dead for safety reasons. In those cases, a ground rule double will be awarded.

7. No runner may crash into a fielder with the ball or receiving a ball in flight and no fielder may block a base or obstruct a base runner while not making play. Fault for collisions will be at the digression of the umpire and can result in an ejection.

8. If a ball enters a dead ball area, base runners are awarded 2 bases from the last base occupied at the time of the throw. If it is a result of the first play of the infield, 2 bases are awarded from the time of the pitch.

9. Infield Fly- An infield fly is a fair hit ball, other than a line drive that is caught or in the opinion of the umpire could be easily handled by the infielder. The batter is out immediately when hitting an infield fly with base runners on first and second, or on first, second and third with less than two outs.

D. EQUIPMENT

1. No jewelry is permitted.

2. All equipment, except gloves, will be available. Gloves are mandatory.
3. Teams must use Rec Sports softballs that are provided.

4. Metal cleats are not permitted.

E. OTHER RULES

1. At least one umpire will be provided.

2. Be sure to check game results with the supervisors on duty before leaving the site.

3. Each team is responsible for providing a bookkeeper.

4. Teams must keep their equipment out of the playing area.